Friday Flyer Check February 1st - February 7th Saturday, February 1st Breakfast Club - 9:00 a.m. - Café Bible Study Group – 9:00 a.m. Board Room Pray the Rosary – 10:00 a.m. – Faith Chapel

Rummikub - 2:00 p.m. - Lounge Happy Hour – 4:30 p.m. – Pub Chef Dinner Special – 5:00 p.m. – Heritage Room **Movie** – 7:00 p.m. – Auditorium

~ "Sweet & Tangy Grilled Chicken Sandwich" ~ "Set it Up"

Sunday, February 2nd - Groundhog Day

Catholic Mass - 10:00 a.m. - Auditorium Brunch – 11:00 a.m. – Heritage Room Rummikub & Mexican Train Game – 2:00 p.m. – Game Room Happy Hour – 4:30 p.m. – Pub

Monday, February 3rd

Yoga – 9:30 a.m. – Auditorium London in the Time of Dickens Series – 10:45 a.m. – Auditorium Shopping Bus - 1:00 p.m. Trinity Friendship Circle – 1:00 p.m. – Heritage Room Hand & Foot Game – 2:00 p.m. Bell of Heath Rehearsal - 2:00 p.m. - Auditorium

Tuesday, February 4th

Worship Service – 10:00 a.m. – Chapel **NO Art Group** The History of the US Navy Series – 10:45 a.m. - Auditorium ~ "Union Victories from Charleston to Cape Fear" Mahjong - 1:30 p.m. - Game Room Advice for Device – 12:00 noon – Grille Room **Healthy Motion Fitness** – 2:00 p.m. - Auditorium Rummikub - 2:00 p.m. - Lounge Shuffleboard Group - 4:00 p.m. - Game Room Happy Hour – 4:30 p.m. – Pub **Taco Tuesday** – 5:00 p.m. – Dining Room

Wednesday, February 5th

Fitness A - Z – 9:30 a.m. – Auditorium America's Founding Fathers Series – 10:45 a.m. – Auditorium ~ "George Washington Inaugural" Green House/Gardeners Zoom Program – 2:00 p.m. - Auditorium Oh! Hell Game – 2:00 p.m. – Club Room Pinochle – 2:00 p.m. – Game Room Happy Hour - 4:30 p.m. - Pub Chief Dinner Special – 5:00 p.m. – Heritage Room ~" Szechuan Salmon Wrap" Evening Program – 7:00 p.m. – Auditorium ~" Fred Miller Lecture in Song – When Oscar Was King"

Thursday, February 6th

Balance, Core & Strength with Tonie - 9:30 a.m. - Auditorium Pray the Rosary - 10:00 a.m. - Faith Chapel Mahjong - 1:30 p.m. - Game Room Bible Study Fellowship – 1:30 p.m. – Club Room Senior Seminar - 2:00 p.m. - Auditorium Canasta – 2:00 p.m. – Lounge Happy Hour – 4:30 p.m. – Pub Steak Night - 5:00 p.m. - Grille Room **Bingo** – 7:00 p.m. – Auditorium

Fitness Over Fifty - 9:30 a.m. - Auditorium Shopping Bus – 9:45 a.m. Needle Workers Group – 10:30 a.m. – Club Room Bocce Annual Luncheon – 12:30 p.m. – Heritage Room Writer's Group - 1:30 p.m. - Board Room **Our Great National Parks Documentary** – <u>2:30 p.m.</u> – Auditorium Happy Hour - 4:30 p.m. - Pub Fish Friday – 5:00 p.m. – Grille Room

> HEATH VILLAGE BEAUTY SALON **Hours of Operation** Wednesday & Thursday 8:30-2:00 p.m. Friday 12:30-3:00 p.m. Please call to schedule appointments (684 5295)

~ "Monterery Bay & Gunung, Indonesia"





~" London's Sublime Wilderness"

~" Financial Fitness"

<u>Fridav. Februarv 7th</u>

<u>News & Information</u>

Joyce Kingston's Retirement Celebration

Friday, January 31st 2:30 to 4:00 p.m. - Heath Village Great Room

Residents are invited to a retirement celebration in honor of our favorite head receptionist Joyce Kingston who has announced her retirement. We hope you will join us for this special occasion commemorating an incredible thirty-six years at Heath Village.

Activity Department News

Due to renovation, the Activity Department will be closed from February 10th till March 10th. The Activity office staff will be temporarily moved to the Computer Room on the 2nd floor. Due to safety reasons, there will be NO access to the Activity Room. A few weekly planned programs will be suspended till the renovation is finished. We will update you on the weekly flyer and channel 1979. The Activity staff are still at your service, drop by to see them in the computer room or give them a call.

Wood Shop Workers Are Willing and Ready to Help

If you have broken or wobbly chairs or tables, the wood shop workers can fix them for you. They also can refinish scratched or worn tabletops and small pieces of furniture. They can even help you assemble newly purchased "in-thebox" furniture or shelving and do other repairs upon request! All work is done at no charge to residents but a free will offering is recommended to the Friendship Fund. Reimbursement may be requested for the cost of materials needed for repair. All you need to do is to pick up a Wood Shop Work Request Form from the table outside the Activity Department, fill it out and return it to the basket in the Activities Office. You will then be contacted by a Wood Shop worker. Please do not have items delivered to the Wood Shop without prior approval. They are looking forward to helping you. Thank you! PS NO Electrical Items please!

Mutual Support Group

Attention: The bi-weekly Mutual Support Group meetings are temporally suspended. The reasons vary, but we hope to resume if there continues to be an interest at the Village. Fortunately, support is available from other sources. ~ Chaplain David

Heath Village Podiatry Services

The podiatrist will be available to see residents on Friday, January 31st from 10:30 am to 1:00 p.m. in the Heath House AB-16 on the second floor. Please contact Michele Mulligan on X5231 or on (908) 684-5231 to make an appointment.

**Reminder – Pet License Renewals

It's time to renew your pet license! License (rabies record) must be renewed each year by January 31st. To obtain the new license, please go to Washington Township Clerk's office located at 43 Schooley's Mountain Road, Long Valley. Don't forget to drop off a copy of your pet license and rabies record at the Housing Office. Also, if you haven't completed a pet policy, please do so and drop it off at the Housing Office. Thank you!

Sing-along with Carmel at the Village Social

Join Carmel on Friday, January 31st at 4:00 p.m. in the Great Room for a sing-along. Bring your friends or ask a new resident or two to join you for the village social. There will be light appetizers and wait staff will be available to take your drink orders. Don't miss out on our monthly social. It's the perfect time to meet new people!

Friendly Reminder to the Ringers - Bell of Heath Rehearsal

Just a friendly reminder, Bell of Heath rehearsal will begin once again on Monday, February 3rd at 4:00 p.m. in the Auditorium.

Trinity Friendship Circle

Trinity Friendship Circle will meet on Monday February 3rd, at 1:00 p.m. in the Heritage Room. It is the time of year when "Love is in the Air" so join us with love and joy in your hearts! Name that Tune will be enjoyed by all with Gerry at the keyboard! Stories, poems, jokes and our very famous chocolate fountain with all kinds of goodies to dip! You do not want to miss this good time! Bring a neighbor or two. We Look forward to a fun and delicious afternoon. Also, Please note of our next Friendship Worship Service is going to be on Monday, February 24th at 1:00 p.m. in Chapel. (Note change in date and location). Join us for this very special time of togetherness!

Advice for Devices Support

In partnership with Centenary University's chapter of the Delta Xi Nu sorority, Heath Village invites you to bring your device and questions to an information session held on campus at Heath Village on Tuesday, February 4th from 12:00 noon - 1:30 p.m. in the Grille Room. The students will work on one on one or in small groups with you to answer your questions about how to use your device. If you need help using your cell phone, laptop or tablet, you won't want to miss this great opportunity. Refreshments will be served. If you have questions about the program, please contact Kara in Marketing at x5006.

Greenhouse Seed Starting Program and Meeting Save the date: Wednesday, February 5th, 2:00 pm in the auditorium

"Starting seeds, when and how." Come to learn everything you need to know about starting seeds indoors including seed types, supplies needed, the planting process and caring for your seedlings until they are ready to go out into your garden bed. This virtual program will be presented by Rutgers Master Gardener Grace Tshanakas. Following the program a sign-up meeting will be held by the Greenhouse Committee for all those interested in growing seeds in our new greenhouse. If you are unable to attend and wish to sign up, contact either Linda x 212 or Maria x 5293. Light refreshment will be served. *Donations will be welcome and greatly appreciated for the cost of this program.

Senior Seminar – "Financial Fitness" Get Financially Fit! Join us for an upcoming senior seminar – Financial Fitness on Thursday, February 6th at 2:00 pm in the Auditorium. Guest speakers are Fred J. Kessler, Financial Advisor with Edward Jones and his associates David Santini, CPA and Jack Rimmele, Esquire. The speakers will discuss getting prepared for 2024 taxes and what to expect in 2025. They will also cover estate & investment considerations. You will not want to miss this informative and helpful financially fit seminar. Light refreshments will be served. Contact Housing with any questions or to reserve your spot!

Bocce Awards Luncheon

The Bocce Awards buffet luncheon will be held on **Friday, February 7**th, **at 12:30 p.m.** in the Heritage Room. If you are a bocce team member, make your reservation with your team captain. You may bring a guest, as well. If you are a substitute bocce player or an interested resident, call Faye Kennedy on x 5253 to make your reservation by <u>Friday,</u> <u>January 31st.</u> The cost **is \$14.95** per person – do not miss it!

Our Great National Parks - Monterey Bay National Marine Sanctuary & Gunung, Indonesia

Get set to get inspired by this breathtakingly beautiful series. If you've been longing to savor travel sights and sounds in exceptional wild yonder, then view this inviting unveiling of ravishingly varied landscapes, seascapes, and surprising animal escapades. Its cinematography wows with grand sweeps of secluded terrain and astonishingly intimate closeups of colorful creatures. "A fish that can walk. Surfing hippos that want to catch the waves. Species found nowhere else on earth," **On Friday, February 7th at 2:30 p.m.** in the Auditorium, we will watch "Monterey Bay & Gunung, Indonesia". California's vibrant coastline gets its close-up, with an emphasis on the delicate balance struck between wildlife and humanity. Next stop to Gunung Leuser National Park IN Indonesia, home to some of the most endangered species on Earth, including the rare Sumatran tiger. These series are approximately 106 minutes long. "Join them in the celebration of our planet's greatest national parks and wildernesses.... A journey through the natural wonders of our shared birthright."

Pre-Super Bowl Party - Chiefs vs Eagles

There will be a Pre-Super Bowl Party in the Paddy's Pub on **Sunday, February 9th starting at 4:30 p.m.** with pregame specials: BBQ Pulled Pork Sandwich, Fried Chicken Wings with Blue Cheese & Celery (plain, BBQ, Buffalo), and Italian Hoagie for \$7.50. Don't forget the sides, add your favorites for only \$2.50 more – onion rings, battered pub fries with cheese or tortilla chips & Nacho cheese dip! Why not bring a friend or neighbor and get into the team spirit? Afterwards, you can gather in the Game Room to watch the game and cheer on your favorite team! Call Dining Services x5155 for reservations.

Ice Cream Social – Meet and Mingle

Here's the scoop, a cream comes true. Let's have a cool time on **Wednesday, February 12th at 2:00 p.m.** for a "Beat the Winter Blues" ice-cream social. There will be assorted flavors, sherbet with all your favorite toppings. Invite a neighbor or two, come and make your own ice cream sundae. You scream, I scream, everyone screams for ice cream! Hope to see you there!

Paper Mill Playhouse Trip – Reminder to All Subscribers

The next trip to Paper Mill Playhouse will be on **Thursday, February 13**th to see "Mystic Pizza". The performance starts **at 1:30 p.m.**; therefore, the bus will leave Heath Village **at 11:45 a.m.** and a \$5.00 bus fee will be charged to your account.

Afternoon Matinee - "The Way We Were"

Friday, February 14th at 1:30 p.m. in the Auditorium

Starring: Robert Redford & Barbara Streisand & Bradford Dillman, PG 118 min, Drama

Set in the period from the mid-1930s to the 1950s, a love story involving two markedly different people. Katie is an idealistic, uptight, Stalin-loving political activist. Hubbell is an easy-going, athletic, all American-type, and a talented writer. We see their different personalities affect their relationship and how they manage despite the differences. This movie won Two Oscar nominations, six wins and 8 nominations totals.

The Red Affair/A Valentine's Night to Remember – Delicious Meal and Great Company

Let's celebrate Valentine's Day, **Friday, February 14**th in the Great Room at **4:30 p.m.** Piano Bar with Eddie. This one-hour performance is highly interactive and keeps the residents engaged while selecting songs for Eddie to play from a see-through box filled with colorful folded pieces of paper. You have no idea what song you've picked and neither does he, which makes it exciting and fun! Songs from 1900s, plus movies and Broadway. Everyone is encouraged to sing along or dance to the music or clap. It's a fun-filled experience! There will be wait-staff available to take your drinks. Then **Surf and Turf Dinner at 5:30 p.m.** in the Heritage Room! Full menu is available on the attached flyer. For reservations, please call Dining Services at ext. 5155 reserve by **Friday, Friday, February 7**th.

Pool Players Needed

Attention pool players. Our **Tuesday** morning Pool group is looking for two more players to play at **10:00 a.m.** in the Game Room. Anyone who is interested, please contact John Novi on x5126 and come enjoy our new pool sticks.

Looking for Poker Player

We are looking for a poker player to play on Tuesdays' evening at 7:00 p.m. in the club room. Anyone who is interested in playing, please call Walt Vierschilling on x6059 or Al Garcia x5082. Thank you!

Help! We are looking for a Movie Crew/Volunteer!

Very easy, enjoyable and not complicated are the key words. You will only need to volunteer once a month on a Saturday evening. Talk to one of the movie crew members and get an idea what the job is about or just stop by to see Daisy in the Activities Office. She will be able to give you the information. Volunteers, we need you!

The Village Shoppe and Friendship Store need Volunteers!

We are looking for volunteers! It's a great opportunity to meet people, help raise money for the Friendship Fund. Volunteers also receive 15% off all merchandise (Except Stamps). Friendship Store, only open twice a month, and two hours a shift. If you are interested in this opportunity or would like more information, please contact Peggy on ext. 5101. We need your help!

<u>February 1st – 7:00 p.m. – "Set it Up" – 105 mins – "TV14" – 2018 – Romance, Drama, Comedy</u> <u>Starring: Zoey Deuth, Glen Powell and Lucy Liu</u>

Two young assistants in New York City realize they can make their lives easier by setting up their workaholic bosses to date. While trying to perpetuate this romantic ruse between their nightmare bosses, the assistants realize they themselves might actually be right for each other.